

News from The Station Ltd SPRING & SUMMER 2023

Finally, Home





Case Study Mini-Version from the Station's Team.

Dean 57-year-old male had been coming to The Station Ltd for many years for meals, shower and use the laundry facilities. Dean was sleeping rough around Wynyard Train Station. As his alcohol and drugs consumption increased his mental & physical health deteriorated.

After persistent persuasion Dean finally accepted help from the Station. A Housing Application was put in place as he mentioned that he was fed up with being homeless. The housing application form was submitted, once the much needed Id documents were obtained, and also an app with the Homeless Health Team was arranged. Homeless team filled out the Medical Assessment form.. After many years of sleeping rough, Dean is enjoying his new home with pride.







Many thanks to Luke Hunter, BESIX Watpac Director, for donating this magnificent and much needed bench top through his Community Initiative Team.



Thank you Eastern Tunnelling Package John Holland CPB Contractors Ghella JV Team for the much needed Washing Machine.



Thank you SPARTAN School Supply Specialist For the backpacks as our clients



Christmas Lunch 2023

The sheer volume of support and appreciation we've been getting over the years has been very moving to say the least. It is a constant reminder that the Christmas Lunch is possible as it is a collective effort which is the sum of the community.

Thank you to our staff and our gracious volunteers who help bring hope, joy, unity and peace to our clients and community in this time of Celebration. The food items and gift hampers donated by Market City, Shoe Revolution and The Rotary Club of Sydney Darling Harbour. May the spirit of generosity inspire many to do so and in return reap the joy felt by all of us at The Station.







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October Mental Health Bingo Game









Legal Service



The Homeless Persons Legal Service continues with their probono service once a fortnightly on Tuesdays at 12:00 pm.

If you would like to speak to a lawyer and get some advice, you can come by and speak to staff about

Dental Program

Dental Program continues bringing good results. With the assistance of ADA the dental care program.

If you need dental care assistance ask to see Franco also our Housing Support Worker he can arrange an appointment to be assisted with filling out a form and arrangements for a dental care visit.



Housing Support Program

Franco, the Housing Support Worker, can help you navigate the housing system and provide case management

Find out how to apply and get housed

Health Team at The Station

The Health Clinic is run by the O'Brien Centre Homeless Heath Team. The team includes a GP & and a Nurse who visit The Station from 8:00 am to 10:00 am Mondays.

Any medical concerns, flu vaccines and Covid-19 Vaccination information and other health information will be provided face to face.

You can see the Health team without an Appointment or Medicare card.

Mental Health Clinic

If you have any concerns about your mental health and want to speak to a professional; Psychiatrist or a Nurse you may arrange an appointment through our Mental Health Worker.

Specialists are available by appointment only.

The Station Ltd Operates 7 days a week.

We serve breakfast from 7:30 am—9:00 am and Lunch from 12:00 pm to 12:30 pm whilst clients can sit-down to enjoy their breakfast and hot meals. Clients can also watch TV, grab a book to read and use the computers, to check their emails.

Our main goal is to provide case management assistance for those in need of housing, mental health concerns, drug and alcohol support, referrals and advocacy.

Coffee times: 7:30 am to 9:00am and 11.:45am to 12.30pm 7 days a week.

Alcohol & Other Drugs

If you are struggling with issues related to mental health, alcohol and other drugs, please see our AOD Workers
Yumna & Graciela
who can provide
support, information and referrals to
Detox and
Rehab services.



Thank you Lisa for donating essential items to the homeless through the incredible ShoeBox Revolution and the team behind it.



Thanks to our Stakeholders

St. Vincent's Hospital Homeless Health Team,
The Australian Dental Association and the
Homeless Persons Legal Services for their
continued support.







We would like to welcome to

Thank You to all our supporters who made contributions

Rotary Club of Sydney Darling Harbour

Sarah Searle (Donations Organizer)

Katryna Robinson (Every Little Bit Helps)

Sandra Stern - Market City

Dexus Group

Resimac

Bakers Delight

Ross McDonald/ Scot Menzies

Cheryl Coleman

Anna M. Parissi

The Business Community in Wynyard

ShoeBox Revolution - Lisa Davis

Info Trust

Pfizer Australia

I Care Group

Yumna's presentation about "Harmful effects of Vaping"





The station's Staff and Board celebrate a successful year of community service at the 2023 Christmas Dinner!



Books donated by Jamie Tompson



The Station has updated its kitchen up to regulations!