

# News from The Station Ltd

## Autumn & Winter 2023

### Mr M's New Place

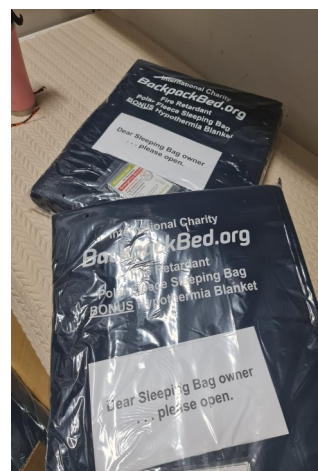


#### Case Study Mini-Version from the Station's Team.

We recently assisted Mr M who was looking for a place to live, he also accessed our mental health support service and the dental program which has helped him with the chronic pain that was caused in part by the neglected dental care but mostly by lacking of proper living conditions.

Mr M still comes by to visit the Staff at the Station he seems very happy with all the good results.

**Community Initiative, Morning Star Team from Barangaroo has donated 50 Care Packs and 20 sleeping backpack bags, sim cards and, Coles essential gift cards.**



### Books donated from Charters Accountants



**The Rotary Club Sydney Darling Harbour has donated 1000 razor blades and an incredible amount of body lotion!**





**Thank you community for your support. This donations are from SIMPLY Group CBD area. Winter items, blankets small, mediums and large, socks and pillows.**



### **Ms C's New Place**



#### **Case Study Ms C**

Ms C is a 56 year old lady who was experiencing homelessness for two years, originally from Thailand but is an Australian citizen, she was referred by a friend and due to her medical assessment she was able to get housed on priority in just over a month, DCJ offered her a studio apartment at Waterloo, NSW.

### **Housing Support Program**

The Housing Support team members Franco & Morteza can help you with navigating the housing system, providing case management to assist and support with housing applications.

Anyone needing assistance with looking for long term accommodation is required to make an appointment to see our Housing Support Workers.

### **Mental Health, Alcohol & Other Drugs**

If you are struggling with issues related to mental health, alcohol and other drugs, please see our AOD Worker Martina & Graciela who can provide support, information and referrals to Detox and Rehab services.

We can also assist you to find a psychologist or counsellor in the community.



## Mental Health Clinic

If you have any concerns about your mental health and want to speak to a mental health professional; Psychiatrist or a Nurse you may arrange an appointment through our mental health worker, Martina.

The above mentioned specialists are available Wednesdays from 10:00 am—12:00 pm by appointment only

## Centrelink Clinic

We have a Centrelink Community Engagement Officer available Wednesdays every 2 weeks from 8:30 am—10:00 am.

Talk to staff for more information and the clinic is available.

## Legal Service

The Homeless Persons Legal Service continues with their pro-bono service once a fortnightly on Tuesdays at 12:00 pm.

If you would like to speak to a lawyer and get some advice, you can come by and speak to staff about contacting the homeless persons legal service.

## Health Team at The Station

The Health Clinic is run by the O'Brien Centre the Homeless Health Team. The team includes a GP & and a Nurse who visit The Station from 12:00 pm to 1:00 pm Mondays.

Any medical concerns, flu vaccines and Covid-19 Vaccination information and other health information will be provided face to face.

Anyone can talk to the Health team without an appointment, and without a Medicare card.

## Did you get a fine during covid restriction lockdowns and paid it?

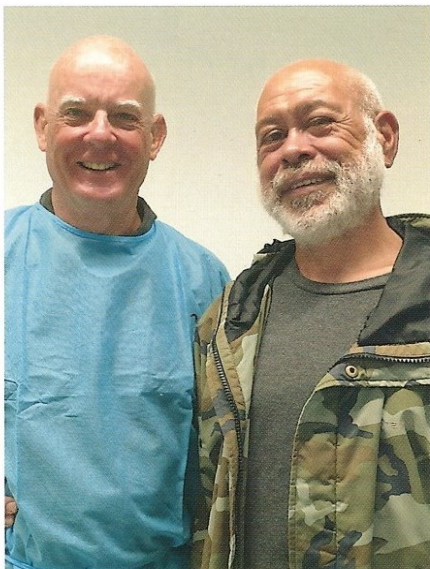
Talk to staff or The Homeless Persons Legal service on Tuesdays or Contact Revenue NSW on 1300 138 118 to find out the status of that fine and if you are eligible for a refund.

## Dental Program

Dental Program continues bringing good results. With the assistance of ADA the dental care program, a client has recently obtained her dentures and her smile has been complemented many times.

If you need dental care assistance ask to see Franco our Housing Support Worker and he can arrange an appointment to be assisted with filling out a form and arrangements for a dental care visit.

## Good News from the Dental Program. They have helped a client with new dentures.



*Smiles all round! Dr Andrew Parsons with ADHF patient Otto.*

**We would like to welcome to Yumna, the new Coordinator at The Station.** She recently started working with us and you can find her at the front desk.

## The Station Ltd operates 7 days a week.

We are serving breakfast from 7:30 am—9:00 am and Lunch from 12:00 pm to 12:30 pm whilst clients can sit-down to enjoy their breakfast and hot meals.

Our main goal is to provide case management assistance for those in need of housing, mental health concerns, drug and alcohol support, referrals and advocacy. Clients can watch the morning news, movies in the afternoon, grab a book to read and use the computers, to check their emails.

## Thanks to our Stakeholders

St. Vincent's Hospital Homeless Health Team,  
The Australian Dental Association and the  
Homeless Persons Legal Services for their  
continued support.



From the Board of Directors, Clients and Staff at the Station Ltd we Thank You for your ongoing support.



*Farewell to Mekonon Lemma, the Station's CEO for the past 26 years. You were one of the pillars that held the Station Ltd up and proud. After 26 years of service and dedication assisting the homeless men and women we are sad to say goodbye and we wish you all the very best in the future.*

## Thank You to all our supporters who made contributions through out the year.

*Rotary Club of Sydney Darling Harbour*

*Sarah Searle (Donations Organizer)*

*AMA HOSPITALITY GROUP (Peter Brewty)*

*Katryna Robinson (Every Little Bit Helps)*

*Maria Iglesias Morning Star (Barangaroo)*

*Dexus Group*

*Resimac*

*Bakers Delight*

*Ross McDonald/ Scot Menzies*

*First State Super*

*Cheryl Coleman*

*Anna M. Parissi*

*The Business Community in Wynyard*

*ShoeBox Revolution - Lisa Davis*

*Info Trust*

*Pfizer Australia*

*John Beckhaus*

*PayPal Giving Fund*

*Aware Superannuation*

*I Care Group*

The New CEO

*To The Station's Clients, Staff, Stakeholders, and Funding Bodies, I would like to introduce myself, I'm Graciela Luna, the successor CEO. First, I want to say how grateful and proud I am to be the new CEO of the Station. I have been working at The Station for the past 23 years and I look forward to continuing to serve the less privileged members of the community.*

*I feel it is my responsibility to make sure The Station continues in this vein even when I am gone. I also look forward to working with all of you I'm also counting on your support. Thank You !*