

## **News from The Station Ltd Spring 2021-Summer 2022**

### **Christmas at The Station Ltd**

It has been such a tough year coming out of second lockdown in October and resuming the essential and important work that we do with the homeless community.

We are now in December and it is now time to celebrate Christmas and the New Year with family and friends. On December 24th the Station hosted its annual Christmas party and it was a hit.

Everyone grabbed a meal and received a present containing essential items, clothing and personal bags and backpacks. We would like to thank everyone for coming and we hope to see everyone in the New Year.













#### We are very grateful for the donations we receive from our donors and supporters

#### Thank you Rotary Club for your support







Thank you, Truc Lam Zen Inc, Dr Thomas Pham's Group, and team of volunteers





#### Thank you Lisa from ShoeBox Revolution







Thank you Jamie Thomson from The White Stars Project for the books you have donated through out these tough times.





Thank you,
Columbus Group
for your support
and
donations



Thank you, St John of God for your support and donations of first aid supplies

#### Legal Advice

The Homeless Persons Legal Service continues with their pro-bono service once a week, Tuesdays at 12.00 pm.

If you would like to speak to a lawyer and get some advice, you can come by and speak to staff about contacting the homeless persons legal service.

#### **Doctors at The Station**

The Health Team, Dr & Nurse attend the Centre Mondays at 12:00pm.

Any medical concerns, flu vaccines and Covid-19 Vaccination and all health information will be provided face to face. The Psychiatrist is available by appointment only.

To see the health clinicians please see Martina the mental health, drug and alcohol supporter.

#### Covid-19 Update

The Station Ltd continues to be impacted by the Covid restrictions and we continue to follow the guide lines, temperature checks, social distancing, hand sanitiser and mask. QR codes for visitors, deliveries and trades, staff included. Masks and gloves for staff.

Have you been told you are a close contact and to get a covid test?

The nearest place to get a covid test would be at The Eye Hospital next to Parliament House. 8 Macquarie St, Sydney Phone: 9382 7111

You can receive your first, second and booster Covid vaccine shot at the :

Local pharmacies

The Priceline Pharmacy up the road.

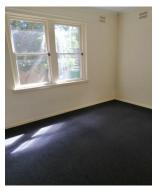
Your Doctor office

The Ozanam learning centre - Thursdays 10am—12pm

Ask the staff at the Station for more details











Our Housing Support team have assisted clients with finding places to call home

#### **Housing Support Assistance**

Anyone needing assistance with looking for long term accommodation is required to make an appointment first to see our housing workers. All face to face appointments are with a limited time of 15mins ensuring safe distancing is applied with our Housing Support Workers.

The pictures above are of a new place a client has recently moved in to.

## Mental health, Alcohol and Other Drugs

If you are struggling with issues related to mental health, alcohol and other drugs, please see our AOD Workers Martina or Graciela who can provide support, information and referrals to Detox and Rehab services.

We can also assist you to find a psychologist or counsellor in the community, if you are experiencing mental health concerns.

#### **Good News from the Dental Program**

Dental Program continues bringing good results. With our assistance and the support from our volunteer at the dental program, a client has recently obtained dentures from the program which compliments her smile. If you would like to see a dentist please ask to see Franco our housing worker.



# We still continue to provide Breakfast from 7:30 to 9:00am and Lunch from 12:00 to 12:30pm

Meals are served in takeaway containers. Showers & Laundry are available between 7:30 to 9am 7 days a week in a time limited capacity.





#### Thanks to our Stakeholders

St. Vincent's Hospital Homeless Health Team,
The Australian Dental Association and the
Homeless Persons Legal Services for their
continued support.





From the Board of Directors, Clients and Staff at the Station Ltd we wish you a Merry Christmas and a Happy New Year.

Looking forward for a brighter Year ahead!



# Thank you to all our supporters who made contributions through out the year.

Rotary Club of Sydney Darling Harbour

Katryna Robinson

**Dexus Group** 

Resimac Group

**Bakers Delight** 

Ross McDonald/ Scot Menzies

Stateplus

First State Super

City Club Group

Cheryl Coleman

Anna M. Parissi

State Super

Uber Eats (Town Hall)

The Business Community in Wynyard

Nando's Clarence Street Sydney

ShoeBox Revolution

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